

# SUTTONS SEASONS

AUGUST/SEPTEMBER 2019



## Village Diary

24 August	3.15pm.	Village Treasure Hunt	SW Village Hall
28 August	2.30pm.	WI: 'Fun Way with Scarves'	SW Village Hall
4 September	7.30pm.	Parish Council Meeting	SW Village Hall
9 September	5.00pm.	Village Hall AGM	SW Village Hall
18 September	2.30pm.	WI: 'Diamonds and Gemstones''	SW Village Hall

## FROM THE EDITOR

A vital skill of any good sportsperson, artist or writer, but sadly very few politicians, is knowing when to stop. I claim to be none of the afore-mentioned but am sure that the time has come for me to hand over the editorial reins to another. Good succession planning depends primarily on an early decision. I am happy to produce the next two issues of the magazine which takes us up to the Christmas/New Year edition alongside my successor (if required) but no further.

Luckily the magazine is now much easier to produce and distribute. Gone are the expensive printing costs, the restricting A5 booklet, not to mention the delivery system. Apart from possessing the hide of a rhinoceros and the patience of a saint, the new incumbent must have some IT skills and experience of typesetting at the basic level. A huge thank you to all contributors not to mention all the readers.

Kp

## WI Annual Summer Garden Party June 19th, 2019

June is normally a lovely month where sunny gardens are colourful and filled with flowers. Hence the idea to have a summer garden party on June 19th. Last year, in August, guests were able to sit out comfortably, despite the drought. Unfortunately the weather this year, up to that date, was cool and had been wet. We were on tenterhooks days before. Disappointingly the weather did not improve, so plans had to be changed and the decision was made to use the Village Club. At least, guests would be warm and dry. A gazebo was hastily borrowed from Richard and Jane Hood, to house the musicians, a local folk band called appropriately "Half Baked".

Fortunately the weather didn't put people off. The event was well supported, with extra guests from Sixpenny Handley, Tarrant Gunville and Child Okeford and the tables groaned with delicious home made food. Jane Hood decorated the tables with pretty summer flowers and her daughter Katy, supplied the cheerful bunting which helped to limit the disappointment of being inside and not a garden party.

Chantelle Shave, the representative from Julia's House gave a short explanation of the work done by the Charity. Like me, I think many guests did not know that 84 nurses go out in to the community, assisting severely disabled children and their families, so that they may try to lead as much of a normal life as they can. This may also include respite care. Astonishingly, the government gives only 5% towards funding and so Chantelle and the staff, have to rely on donations. We thank everyone who came and the contributions they made to make a really sociable afternoon. A total of £306.46 was raised for Julia's House.

For any information regarding SWIM WI, please contact:-

Gill Samways, Secretary. Sandra Jelbart, Treasurer ( Sutton Waldron)

Barbara Ball and the other members of the WI Committee

Jane Hood, Marilyn Saurin, Liz Westwell, Janet Wall and Judith Dutch (Iwerne Minster)

## SWIM NEWS

We welcomed another new member this month at a well attended meeting in the village hall. Rita Stranger from East Orchard gave us an enthusiastic report of the NFWI Annual meeting in Bournemouth when the two resolutions on supporting buses and ' Don't fear the smear' were carried. The speaker Maggie Philbin was excellent. Do you remember her on Tomorrow's World she now works with children to inspire them on scientific research?

Our speaker this month was Mrs Jenkins who revealed the other side of B and B with lots of useful tips for those who decide to have a go. Members were invited to Walking Netball taking place in Child Okeford and a trip to the Russell Cotes museum in Bournemouth.

**Gill Samways**

### **Suttons Seasons is now available to all in the following ways:-**

Full colour: Downloaded in pdf from the Village website - [www.suttonwaldronpc.co.uk](http://www.suttonwaldronpc.co.uk)

Or sent direct in pdf to your personal email (with blind carbon copy exclusivity)—contact K Prenton via above website

Black and White copies: available in limited quantities from the telephone box or church porch

## **VILLAGE HALL NEWS**

Our Annual BBQ was blessed with a beautiful day, perfect weather, not too hot or too cold! We were a little down on numbers, but as often in the summer, people were away or had other engagements, but those who came had a good time. Thanks must go to Christl Pearson for allowing us, yet again, to use her garden as the venue, and to Iain McNeil and Johnny Evans who cooked the meats to perfection! Not to mention the Village Hall Committee who always come up trumps with salads and puddings.

Our next big event is on the Saturday 19<sup>th</sup> October and will be a Caribbean Evening, complete with authentic food and music. Godfrey, who played at the Arabian Evening will be providing both. So put the date in the diary!

Dora Sherringham who has been on the Village Hall Committee for over 20 years, has decided to retire. She has given much time and energy and will be sorely missed, but has said that for the time being she is happy to continue to take bookings for the hall. This does, however, mean that we have another gap on the Committee which needs to be filled, so if you have a burning desire to help arrange events which bring everyone together and keep the Hall in good working order then PLEASE contact me, without any commitment, if you would like to find out more.

I look forward to hearing from you soon!

**Jane McNeil 811008**

## **PARISH COUNCIL NEWS**

The next Parish Council meeting will be at 7.30pm in the Village Hall on 4<sup>th</sup> September 2019. As ever everyone is welcome to come along and find out what is happening within the Parish and what the Parish Council have been doing.

There have not been any meetings since the May edition of Sutton Seasons but the Parish Council continue to follow up matters raised at the May meeting and continue to monitor planning applications. In this regard the Parish Council have considered an application made by Yew Tree Cottage, The Street to erect a single storey side extension; to erect a single storey rear extension and to erect a first floor rear extension. Having considered the plans the Parish Council had no objection to this application.

The White Hart Link is a 50 mile walking route devised as a circular link taking in the five market towns of North Dorset. Recently the section through Sutton Waldron to Fontmell Magna has been completed. The organisers of the link do not plan to start any walks in Sutton Waldron so there should not be a problem with car parking.

Dorset Council have agreed to start work on a Local Plan for the new unitary area. This will replace the old North Dorset Local Plan. The new Plan will take some while to compile and there will be various opportunities for residents to comment on the plan. If you are interested in keeping up with the consultation process please visit the Dorset for You website.

**Marianne Wheatley**

## **Sutton Waldron Treasure Hunt**

**Saturday 24 August. Meet at 3.15pm in the village hall.**

Come and join us for a fun afternoon at the Sutton Waldron Treasure Hunt. The event will be suitable for adults as well as children. Children under 12 must be accompanied by an adult. All clues will be around the village side of the A350 and there will be stewards at key points.

The hunt will be followed by a two course supper at 5.30pm in the village hall where crockery and cutlery will be provided as well as water and juice. Please bring your own glasses and other drinks.

Adults £7, Children 5-11 £3, U5's free. Family of 4 £18.

For more information and to reserve your place in advance please contact Helen 812793 or Sandra 812468

**In aid of St Bartholomew's church**



## Super Foods

Fashions come and go and it is not, it seems any different with food. When I was a child I can recall a number of different super foods that promised to do marvelous things for you if you consumed them regularly (and no I am not thinking of foods that are consumed to keep you regular although that could be a good focus for another time!)

"Eat up your crusts, it will make your hair curl!" I recall being instructed which leads me to think that people with very curly hair used to go round hoovering up the crusts from the sides of the plates of those with very straight hair! I did eat my crusts with marginal enthusiasm and this is probably why I have wavy hair!

"Finish your carrots and you will be able to see in the dark!" Researching into this theory demonstrates there is some evidence for this. They contain vitamin A, which helps your body to synthesize rhodopsin, which helps your eyes work better in low light. I don't think there is any evidence that if you eat loads of carrots you will have the vision of an owl, but it clearly makes sense to eat a balanced diet.

There used to be a programme on TV, which was Popeye The Sailor Man and his secret to incredible strength was to eat a load of spinach. Now of course we have all been told at one time in our lives to eat up our greens and spinach is definitely a super food which is back on the hit list. Vitamins K, A, C, B2, iron, Manganese, Magnesium is certainly a great line up of reasons to eat the green stuff. Popeye needed it to beat off Bluto and to win over Olive Oyl and this proved to be an on-going method of success. Not sure that spinach is the answer to all dates or romances but it did the trick for Popeye.



Super foods have been jazzed up since those most basic days and we are now looking towards foods with a greater carbon footprint than crusts, carrots and spinach. All the major chefs have been busy creating a niche in this market and although I may be commenting upon this after the initial flurry, I am still intrigued at the gullibility of us the public. Quinoa, avocado pears, oily fish, beetroot, black beans, radicchio, probiotics, prebiotics, macrobiotics, the list could continue.



Looking back over our diet when we were kids, our parents grew most of the vegetables we consumed in the kitchen. Those would have truly have been super foods as they were fresh, seasonal, local, not pre-packed with an interesting passport from across the world. They were also grown with love and passion with the sole intention of feeding the family. Sadly with our busy lives we now rely on supermarkets, which will never deliver, however they label or market their fresh produce, on taste or value.

More exploration is needed here I think and I will leave that to another time.

**Celia Myth**

## War poem



Bombs fell like pennies,  
Falling from a jar on London.  
Darkness was creeping on top of London.  
No hope, no happiness.  
The planes took away all the happiness,  
Just by the horrible droning sound.  
Innocent people died.  
'Boom!', 'Crash!'  
People thought 'What is going to happen next?'  
'Our homes are broken'  
'We are broken'  
'It's like a dead end, you can't do anything but  
go back'

**Claire Mabbott**

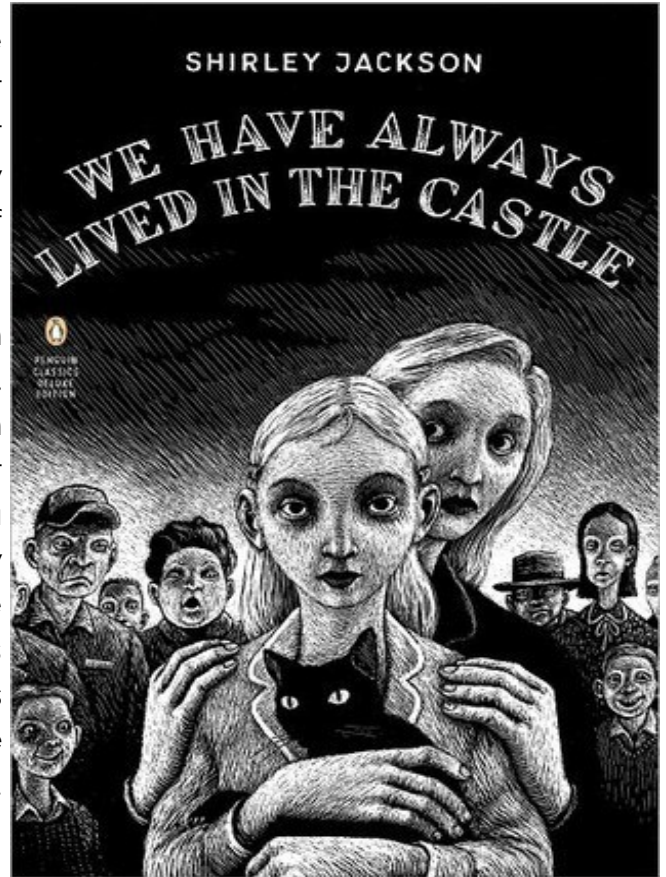
## BOOK REVIEW

### We Have Always Lived In The Castle

by Shirley Jackson

This is the loveliest of reads; published by the American author in 1962, it was the last of her novels before she died 3 years later. A mystery gothic novel, it is voiced by 18 year old character Mary Katharine and describes a decidedly odd family situation whereby Mary & her sister live with their uncle on an estate in Vermont. They live in complete isolation from the nearby village having suffered a tragedy some years before. As the details of the tragedy unfold, it becomes fairly obvious as to who the perpetrator was and yet the mystery is not the who-dunit but rather why the remaining family continue to live on in apparent innocence of the facts. Events unfold as a distant relative comes to live with the remaining family uninvited, thereby setting in train another series of events with devastating & shocking consequences.

This novel has the complexity of a Night Shyamalan plot but with the gentle prose of Charlotte Bronte. The characters are well drawn and their isolation from the world, and subsequent closeness amongst themselves is understandable, believable. It is a charming read, notwithstanding some really aggressive and violent events. A sense of unease pervades, illustrated perfectly by Mary's attachment to odd talismans, and yet the result is enchanting, if haunting. It was voted by Time magazine as one of the "Ten Best Novels" of 1962. And it's short! Well worth trying.



Next time: The Five. The Untold Lives of the Women Killed by Jack the Ripper by Hallie Rubenhold. I know; a typical, lie-by-the-pool sort of holiday read.... Trust me, it's good.

**A Book Lover**

A few months ago I was reading a very interesting book called:-

#### The Running Hare: The Secret life of Farmland by John Lewis-Stempel

Here is a short extract which readers may find of interest:-



"I am happy harrowing, an emotional state which may, according to scientists at the University of Bristol, be enhanced by soil itself. A specific soil bacterium, *Mycobacterium vaccae*, activates a set of serotonin-releasing neurons in the dorsal raphe nucleus of the brain, the same ones targeted by Prozac. You can get an effective dose of *Mycobacterium vaccae* by walking in the wild, or gardening.

Or walking over a ploughed field"

**Josie Bell**

## Notes From A Country Church

**"Breakfast Church":**- This initiative being held every second Sunday of the month in the Village Hall continues to be very well attended and it appears, well received. July 14<sup>th</sup>, Bastille Day, saw a revolutionary approach to worship! Amongst the bacon butties, croissants, coffee, toast and tea etc., "tricolores" waved and the people sang, over forty of them!

***"Do you hear the people sing?.....It is the music of the people.....Will you join in our crusade? ..... Somewhere beyond the barricade, Is there a world you long to see?.... Then join in the fight that will give you the right to be free!"***

Over 70 different people have now attended the four breakfast church gatherings. All very informal, plenty of fun and fellowship and a gentle thought for the day. The "Breakfast Church" gatherings for the rest of the year will be on August 11<sup>th</sup>, September 8<sup>th</sup>, October 13<sup>th</sup> and December 8<sup>th</sup>.

**Church Bench.** A donation has been received from a family in memory of parents who used to live in the village. Some of this money is being put towards a bench that will be installed in a suitable position in our churchyard. Watch out for the installation!

**Shopping For Christmas 2019!** As last year, the P.C.C. is producing the ideal small Christmas Gift. No, not another recipe book, but a 2020 calendar with great pictures of our church. It is hoped that it will be available from the beginning of October. By the way, we do have five copies left of the Recipe Book. Positively your last chance to possess this precious collectible of the future!

**Your Parochial Church Council (P.C.C.)** The P.C.C. needs more members. Current membership stands at nine, The vicar and any other associate priests are automatically members. In our case that is Rev. David John and Rev. Jeff Waring. The Churchwardens are also automatically members. (See separate article in the magazine). After that other members are elected by members of the Church Electoral Roll. As we have forty three people on our Church Electoral Roll we should have six further members elected by them. Currently we have five. More can be co-opted on. If you would like to be on the Church Electoral Roll please contact Yvonne Pinder (01747 811253) and if you are interested in becoming a P.C.C. member, do make contact.

**Milk Bottle Tops:-** We are collecting these again. This time for the Dorset and Somerset Air Ambulance. Basket is in the church porch as before. Thank you. Only milk bottle tops please.

### **Key Future Events:-**

Sunday 11<sup>th</sup> August 9.30 a.m.– Breakfast Church  
Saturday 24<sup>th</sup> August 3.15 p.m. – Village Treasure Hunt and Supper  
Sunday 8<sup>th</sup> September 9.30 a.m. - Breakfast Church  
Sunday 22<sup>nd</sup> September 9.30 a.m. Harvest Festival Service  
Sunday 22<sup>nd</sup> September - Harvest Lunch (kindly hosted by David and Maryan Milanese)  
Sunday 13<sup>th</sup> October 9.30 a.m. - Breakfast Church  
Sunday 3<sup>rd</sup> November 5 pm – An informal "Let's Celebrate" service on the theme of "Light"  
Sunday 10<sup>th</sup> November 10.15 a.m. - Remembrance Sunday service  
Sunday 8<sup>th</sup> December 9.30 a.m. - Breakfast Church  
Friday 13<sup>th</sup> December and Monday 16<sup>th</sup> December – Gift Wrapping in the church  
Sunday 15<sup>th</sup> December 5 p.m. - Carol Service  
Wednesday 18<sup>th</sup> December – Carol singing around the village.  
Saturday 18<sup>th</sup> January 2 p.m. - Annual Jumble Sale  
Saturday 25<sup>th</sup> January - Burns Night Celebrations  
Tuesday 24<sup>th</sup> March - Annual Parochial Church Meeting – Reports and Elections

**Help** with organising any of the above events would be most welcome. You don't have to be a member of the P.C.C. We are particularly looking for someone to assist with the co-ordination of the Annual Jumble Sale. Your parish needs you!

**As Always** thanks are offered to all those villagers who support the life and activities of our church.

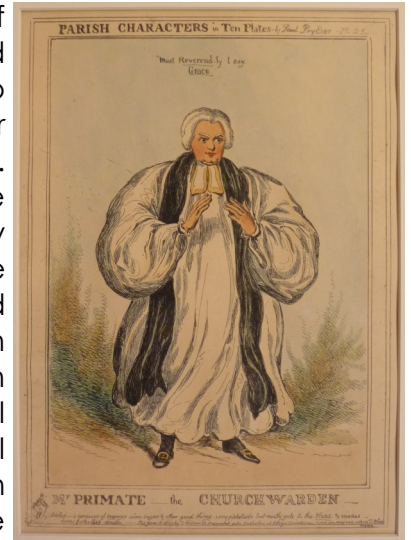
**Ian Pinder     Churchwarden**



## Church of England Churchwardens – Some Facts

The office of churchwarden dates back to the thirteenth century. Parish records show that by the mid fourteenth century churchwardens were being elected by and from among the parishioners as representing the laity and taking responsibility for the church fabric. By Tudor times they were responsible for ensuring compliance with latest government measures. By the seventeenth century they had a high profile in parish management. The law on churchwardens was significantly put together in 1964 and in 2001 this was replaced by what is called the "Churchwardens Measure 2001" which fully outlines, in considerable detail, the roles and responsibilities of churchwardens and all the necessary procedures around their election and conduct.

Churchwardens are officers of the parish and represent the whole of the laity of the parish, not just the members of the congregation and those on the Church Electoral Roll. They are also officers of the bishop of their diocese with responsibility to him or her not the vicar (incumbent). They are to work with and support the incumbent. Each parish is expected to elect two churchwardens. They are elected annually at the "Meeting of Parishioners" or "Annual Vestry Meeting", as it tends to be called these days. Those entitled to vote are "persons whose names are on the church electoral roll and persons who are resident in the parish whose names are entered on a register of local government electors by reasons of such residence". This meeting takes place before the "Annual Parochial Church Meeting" at which members of the Parochial Church Council (P.C.C.) are elected, in their case, solely by those on the Church Electoral Roll. It is expected that the churchwardens elected are communicant members of the church, are on the Church Electoral Roll and are twenty one years old or older and as such will then serve on the P.C.C. as ex-officio members, representing the whole parish and the bishop. In exceptional circumstances, in law, the bishop can over-rule these requirements!. I am not sure if that happens! In Sutton Waldron these two aforementioned meetings currently take place in our Village Hall. They will next be held on 24<sup>th</sup> March 2020. Churchwardens can be re-elected consecutively for six years. Special dispensation is required if they are to continue beyond that.



In general terms churchwardens are responsible for:-

- the care and maintenance and development of the church building, the churchyard, the church's possessions (movables!) and any other buildings belonging to the church in the parish.
- the smooth running of all the church's activities, particularly the finances and the "proper conduct of church services".
- reporting to all relevant bodies on the activities of the church and ensuring all relevant legislation is adhered to.

This does not mean that the churchwardens carry out all the activities relevant to these responsibilities but rather ensures that they are undertaken.

Amongst the paperwork on a churchwarden's duties can be found these two statements:-

*"Churchwardens are expected to lead the parishioners by setting a good example and encouraging unity and peace"*

**Oh dear!**

*"Churchwardens have special powers to enable them to keep the peace in churchyards. They have the power to apprehend a person committing such offences as riotous, violent and indecent behaviour within a church or a churchyard or a person molesting any preacher or clergyman," Watch out!*

A personal view is that, across the country, churchwardens have been seen as those who will do all the activities rather than help the P.C.C. and local community carry them out. Hence the gradual demise of involvement in church work and the closing of churches. The Church of England hierarchy doesn't seem to have grasped this one and continually seeks to amalgamate parishes into large benefices (often for very real financial reasons) and hence takes away the local involvement and sense of ownership. The church is a parish church and is the responsibility of the whole parish.

**Ian Pinder**

## SINGLES TRIP

Well, I have done it. After more than 50 years of holidaying with Keith I have been on holiday for mature single travellers. I must admit to being apprehensive but thanks to a tour company that



had obviously thought through all our concerns I did have a nice holiday. They ensured that we didn't dine alone and mixed up the group by sitting us with different people at every dinner time. There was excellent organisation so we arrived at the correct destination on time. All the participants were widowed and although several of the men admitted to being lonely, the women didn't.

Is that because we work harder at pretending we are OK?

I found the 3 cities I visited Prague, Vienna and Budapest beautiful and learnt so much about their history from the excellent tour guides. Did you know that Hungarians originated from Asia one thousand years ago establishing themselves in Hungary by their brilliant horsemanship. We watched an amazing display of horsemanship to demonstrate this.



On balance I would recommend anyone to take the plunge and go on a holiday for singles though it wasn't like 18-30s! I did miss telling Keith about all the entertaining things that happened but that has been the case ever since he died and life does go on.

**Gill Samways**

### Key local price indicators

Description	Price	Amount/timing	Source	Date
Heating Oil	£242.81	500 litres (incl. VAT)	Oil Club	31 July 2019
Electricity	£792.30	5000 Kwh p.a.	Comparison Website: Annual Contract	31 July 2019
Broadband, unlimited + calls	£18.00	Per month	Comparison Website: Annual Contract	31 July 2019
Broadband, Fibre, unlimited, + calls	£26.99	Per month	Comparison Website: Annual Contract	31 July 2019
Savings Rates, easy access	1.50% variable	Per annum	Comparison Website	31 July 2019
Savings Rates, notice account	1.80% variable	Per annum	Comparison Website	31 July 2019
Diesel	130.9p	Per litre	Comparison Website	31 July 2019
Petrol	123.9p	Per litre	Comparison Website	31 July 2019

Editor: Keith Prenton