

# SUTTONS SEASONS

OCTOBER/NOVEMBER 2019



**WANTED**  
**NEW EDITOR**

## Village Diary

4 October	7.00pm.	WI: Curry night. (Tickets from Iwerne P.O.)	Abingdon Hall.I.M.
16 October	2.30pm.	WI: Stories from a Diplomat.	Abingdon Hall I.M.
19 October	TBA	Caribbean Evening	Sutton Village Hall
20 November	2.30pm.	WI: Resolutions & Making Xmas table decorations.	Abingdon Hall I.M.
4 December	7.00pm.	Parish Council Meeting	Sutton Village Hall
11 December	TBA	Xmas Lunch	Sutton Village Hall

### FROM THE EDITOR

We warmly welcome Barbara and Mike Asher to the village. They have taken over from Sue and Colin Bower at Rushbrook.

Meanwhile the hunt for the next editor of Suttons Seasons has, so far, been fruitless as we enter the third month of my half year notice. If no-one steps up before the dawn of 2020 then I am afraid that this publication will die or be amalgamated with the Valley Views, the Iwerne village magazine or even the New Eco-Warrior leaflet. I repeat my offer of help for any new editor with the first issue. All enquiries via the village website.

Kp

### Jean Petersen

Jean was a much loved friend and neighbour of ours for 30 years. Eddie and I admired her tenacity and indomitable spirit; she always made time for a chat and a cup of tea. Her love of gardening was shared with Eddie.

I had the privilege of Jean's company on many 5 mile walks, she never seemed to tire. On one particularly memorable occasion we were faced with climbing over a 5 bar gate, this was no obstacle for Jean even though she was in her 80's. Over she went, landing in 6" of cow slurry up to the top of her ankles. This did not deter her from continuing the walk with a smile on her face.

Her sense of adventure never failed and her love of travelling abroad and visiting new places was always on her agenda even when old age started to take it's toll.

After her stroke she left Sutton Waldron to live in Shaftesbury. Whilst her health was failing she continued to walk every day come rain or shine, her enthusiasm for life was always apparent.

She was indeed a good friend and will be sadly missed by both Eddie and I.

Josephine and Eddie Bell

### VILLAGE HALL NEWS

A date for your diary is Saturday 19<sup>th</sup> October when the Village Hall will transport you to the Caribbean for the evening! By then we might wish we were there! You will be treated to authentic Caribbean food surrounded by palm trees and exotic flowers and entertained by traditional Caribbean music. And if you wish, we will learn how to do the Caribbean dance, but don't worry, we won't expect you to do any Limbo dancing unless you wish to of course!

The next, always looked forward to, event is the Community Christmas Lunch which will be on 11<sup>th</sup> December.

Leaflets for both events will be popping through your doors 2 or 3 weeks in advance of each event.

**Autumn Harvest.** For those of you who have an abundance of apples, don't know what to do with them all but don't want to waste them, we have an apple press that anyone is very welcome to borrow. It is only small so unfortunately not suitable to do a mass pressing which we have done in the past but very sufficient for individual use. Please call me if you wish to borrow it.

**Jane McNeil 811008**

#### **Suttons Seasons is now available to all in the following ways:-**

*Full colour: Downloaded in pdf from the Village website - [www.suttonwaldronpc.co.uk](http://www.suttonwaldronpc.co.uk)*

*Or sent direct in pdf to your personal email (with blind carbon copy exclusivity)—contact K Prenton via above website*

*Black and White copies: available in limited quantities from the telephone box or church porch*

## PARISH COUNCIL NEWS

The drains in the fields by Sutton House have been cleared by Highways which will hopefully sort the flooding on The Street. There was a root problem which has apparently now been sorted. The Parish Council will however continue to monitor the situation particularly as the winter is now approaching. The Parish Council would like to thank Mrs . Bell and Paul Millard for their help in sorting this problem.

CPR training will take place between 7 & 9pm on 15<sup>th</sup> October 2019. The trainer will be coming along from the British Heart Foundation and will also introduce everyone to defibrillators and how they operate. If you would like to come along please contact the Chairman on [chairman@suttonwaldronpc.co.uk](mailto:chairman@suttonwaldronpc.co.uk). There are only 20 places available and these will be given out on a first come first served basis. The attendees will be asked to make a contribution to the costs of the course which should be in the region of £2-£3 per person.

The Village Climate Action Group had its first meeting recently and will shortly be delivering booklets to the village outlining ideas as to how to reduce the village's environmental impact. Another meeting will be held in the near future.

The next Parish Council Meeting was due to take place on 11<sup>th</sup> December 2019 but this is the same day as the Christmas Lunch so it has been moved to 7pm on 4<sup>th</sup> December 2019. As ever it will be in the Village hall and everyone is welcome to come along. The major item to be discussed at the next meeting will be the budget for 2020/2021.

**Marianne Wheatley**

## BOOK REVIEW

### The Five

by Hallie Rubenhold

**The Untold Lives of the Women Killed by Jack the Ripper**

This book, for me, exemplifies why it is always worth trying a book that doesn't appeal. It was one of my book club books; I didn't suggest it and nor was I that bothered about reading it, but it turned out to be one of the most fascinating books I've read over the last year. It examines the lives of the 5 most likely victims of Jack the Ripper in London from birth to death. These girls were assumed to have been prostitutes but in reality only one of them was known to have worked as a prostitute, the others were simply "fallen" women, that is to say for various reasons, they ended up sleeping rough and on the street. Hence easy prey. The media of the day were misogynistic, salacious headline seeking and took little notice of the facts (sound familiar?!) which is why the accepted belief is that all of his victims were sex workers. This book does not deal in any detail with the actual murders as the author feels plenty has been sensationalised about that already but instead she asks how it is that these women – all of them somebody's daughter, somebody's sister, somebody's lover – ended up alone and destitute on the streets of Whitechapel.

Rubenhold is an historian, first and foremost, and she has produced a really thoughtful balance between fact and fiction in this book. She is scrupulous in her reference keeping (it takes up the last quarter of the book) and is at pains to keep as close to the truth as possible, whilst using a novelist's technique to make the matter less dry, and easier to read. Clearly, she gives her characters emotions and thoughts, which have to have been fictionalised but even then she has done her research and these are based on a thorough analysis of both their history and their social and environmental settings, using a variety of inquests (three of which are missing), "a body of edited, embellished, misheard and re-interpreted newspaper reports", parish registers, court registers, birth, marriage and death records; rate books and the archives of the London workhouses as well as key commentators of the time such as Beaton and Mayhew.

The victims' lives are grimly similar: born into hardship, they moved from the briefest of childhoods into a cycle of childbearing, alcohol dependence, poverty, emotional despair and homelessness.

**NEXT:** The Salt Path by Raynor Winn

**A Book Lover**

## How Do You Like Them Apples?

I have a lovely friend who once asked me how long it took a pony to grow into a horse! Her thinking was that all horses were born ponies and so a Welsh Mountain would eventually turn into a Shire or a Shetland into an Irish Draught Horse. Taking that idea to dogs we can assume that a pug may end up a Saint Bernard or a Springer Spaniel could morph into a Great Dane. What she overlooked was the fact that horses and ponies are different breeds as are dogs, each with their own features, characteristics and particular identifications.

At this time of year when we are all overrun with copious and bountiful supplies of apples, a lot of us hopefully put out boxes of free samples to take away and some people are even trying hopefully to sell theirs!!! It got me to thinking that an apple is not an apple but a breed of that fruit and with this in mind I have done a little research into apples.

We all know there are cookers and eaters and can possibly recite the few that the shops have on offer but have you heard of a Chiver's Delight? It is a late season dessert apple, which keeps well and retains its shape when cooked. It is aromatic and sweet. Or do you have in your garden a Beauty of Bath tree that is an old-fashioned early dessert apple. It has sweet and aromatic flesh and is very juicy. Its texture is rather coarse and it doesn't keep very well. What about the Charles Ross, which is a large dessert or cooking apple, which is sharply flavoured and juicy. Finally I found the McIntosh, a red and green-tinged apple which is juicy, sweet, with white flesh that is crisp and slightly tart. In researching into our lovely free fruit I discovered 32 different species of apple and I am now trying to work out what it is that I have growing in my garden.

To use up all this fruit is a challenge and I did try to store mine last year. Each apple was carefully wrapped in sheets of newspaper and then stored in a cool out of the light place in boxes that let the air flow through. They all went soft and mouldy!! That should help me illuminate which apples I don't have from that information!



I found a lovely book in a charity shop with gorgeous illustrations and pictures with loads of different recipes where apples are the stars of the dish. Here are a few ideas of things I thought I might try out.

Apple Risotto – Made with dessert or cooking apples, onion, Arborio rice, vegetable or chicken stock with grated black pepper, butter and grated Parmesan.

Apple Salsa – containing fresh coriander, mint, peeled and chopped apple, rind and juice of a lime, a garlic clove and fresh chilli chopped finely, light olive oil, sprinkle of sugar. Quantities to your taste.

Yogurt Apple Ginger Shake – pot of natural yoghurt, peeled and chopped apples, fresh ginger, blitz it all in a processor. Amounts to your taste.

**Celia Myth**

### **Bumpy Road of Life**

*I went down a bumpy, winding road to get here.*

*Here I am picking myself up again and dusting myself off.*

*It's like a disease, it takes a long time to get back on your feet.*

*But I will do. It may be a challenge but I will recover.*

*I may fall but I will pick myself up again.*

*I find it very hard to get my head round*

*this sharp bend on this winding, bumpy road.*

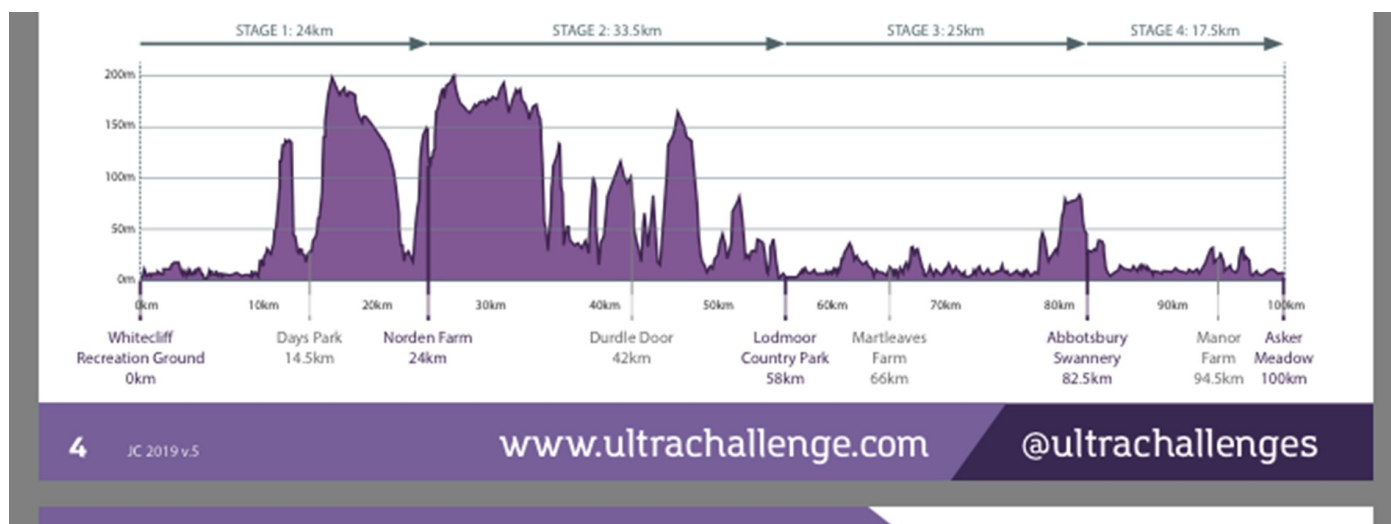
**Claire Mabbort**

# Jurassic Coast Challenge

**A 100km walk to be undertaken in one go, with a 'few' hills thrown in for good measure.**

In the interests of honesty, I think it's fair to start this piece by saying that I managed to extract a charity donation from our esteemed editor only by promising to write a piece on my "adventure" in return. So, no, there is no such thing as a free lunch but here goes...

At 0640 on the 8<sup>th</sup> June a friend and I congregated on the Whitecliff Recreation Ground in Poole, along with several hundred other hardy, brave\* (*insert foolish*) participants to start the 100km Jurassic Coast Challenge. It was extremely windy to say the least but thankfully the early hour prevented us from thinking too deeply about what we were about to do. Before I continue in detail about the terrain (hint: unremitting gorgeous green but extremely steep hills) it is worth noting pre match day preparation had not gone to plan. For reasons that aren't worth going into, I had started the afternoon of the day before accompanying 35 overexcited, sugar crazed, LOUD, 13 year olds who had just finished exams, to a bowling alley in central London. I ran away from that as soon as I could only to get stuck trying to leave London Paddington on a Friday afternoon and then to get really stuck somewhere north of Southampton because of a trespasser on the line. Having made friends with 3 randoms, we shared an Uber to Southampton to continue on and I arrived in the restaurant, some 5 hours after leaving London, to meet my friend who had spent a good deal of that 5 hours propping up the bar. I joined her in drinking a reasonable amount of red wine to calm my nerves. Professional athletes eat your heart out.



So, fast forward not enough hours and there we were on the recreation ground, trying to ignore the over excited personal trainer who was keen for us to all warm up (note, my friend is NOT the social, joining sort of person) before we trudged off. A nice warm up 5K to the Poole/Studland chain ferry (yes, it was working then!) before the length of Studland beach, over the hills and on to Swanage. In terms of views at that height, Poole harbour reminds me of Canary Wharf: regardless of what direction you are pointing it remains behind you for a very, very long time. From there we walked horizontally into extremely fierce winds to Corfe Castle and onto the stones leading to Lulworth Cove, before the half way (ish) rest stop in Weymouth where I ate All The Food as well as giving my feet some much needed care and attention (more later).

From memory we probably got to the mid way point around 8.30pm. Having walked into the tent in a really positive frame of mind we both got a bit despondent; many of the those in the food tent were finishing their challenge at that point (more sensible people had chosen to only walk the half challenge) but we knew we were walking in to the night with a minimum of 12 hours ahead of us. A long way to a G&T frankly ...

Anyway, off we went to enjoy Weymouth at night, and then on to Chesil Beach. I hit a real low at about 2am; we'd not stopped at the last mini rest point because (unwisely) I wanted to carry on and I have vivid memories of barely being able to keep my eyes open, tripping along the uneven terrain of whatever I was walking on. I could hear the Chesil Beach lagoon lapping gently to my left but couldn't see it and was convinced that I was going to fall over with exhaustion and gently tip into the lagoon unseen by my friend who was a little way ahead.

Luckily, one of the phenomenal trek masters, (unpaid volunteers looking out for stragglers on the way), found me, plied me with bananas and hot tea and off we went again. We started to see the beginning of light at around an unfeasibly early 3.30/4am. Not much, but a glimmer across the horizon is unbelievably welcoming and enough for positive energy vibes to kick in. Well, until the 2 kilometres of shingle on Chesil beach at around 88km at least.

A final breakfast stop at the 94.5km point at which I (again) ate All The Food and inhaled caffeine and Nurofen and we were off and running. Well limping. By this time we were in full daylight and with so little distance to go we knew we were going to finish it, even if we crawled in on hands and knees. It's true the final hills up and down into Bridport were a little bit unnecessary and caused my, so far stoic, friend a mini melt down but frankly, nothing more than was deserved. Two husbands and a dog were waiting for us at the end (why does the last 1 kilometre take forever?!) and we marched, reasonably energetically, over the finish line at around 8.20am, some 25 hours and 40 minutes, 250,000 steps, and 2660 metres climbing, after starting. A welcome glass of prosecco and a medal greeted us, to be swiftly followed by the Gins-in-a-Tin that we'd faithfully carried from the half way point, for us fall asleep in the car on the way home.



## Jurassic Coast Challenge 2019



We were happy with the result. Plenty had to pull out and we were comfortably home in the first third of walkers some 11 hours before the last finisher. The weather was with us; despite the downpours the day before, it was a bright sunny day which wasn't too hot. Ideal walking weather and phenomenal views. AND, I managed to piece together locations which previously I would have had no idea were next door to each other! To date, we have raised over £2k for the British Heart Foundation which is phenomenal.

\*Feet. I mentioned feet earlier on. No pictures I promise, but Compeed, surgical spirit, talcum powder and lots of fresh socks are the way forward. Trust me.

**Sara West**

<https://www.ultrachallenge.com/>

## Notes From A Country Church

**“Breakfast Church”:-** This initiative being held every second Sunday of the month in the Village Hall continues to be very well attended and it appears, well received. Our August and September gatherings saw us delving into the worlds of great art and literature. Amongst the fun and facts, humorous anecdotes and jokes, a couple of the key thoughts were:- “What can we learn about the artist behind the painting?” and “What do we learn about ourselves through our reading?” Over 75 different people have now attended the six breakfast church gatherings. All very informal, plenty of fun and fellowship and a gentle thought for the day. The “Breakfast Church” gatherings for the rest of the year are on October 13<sup>th</sup> and December 8<sup>th</sup>. Due to its success and following a review, the P.C.C. is planning to continue Breakfast Church throughout 2020. Do come and join our growing band of helpers and attendees.

**Treasure Hunt and Supper Saturday 24<sup>th</sup> August:-** Some 45 people explored our village and enjoyed an evening supper together. Much enjoyment was had. It was particularly great to see some of our children exploring. It is amazing how much we don't see in our daily comings and goings. So where do our drain covers come from?!!! Very grateful thanks are offered to Helen Dixie and Sandra Jelbart who masterminded and co-ordinated the whole event. Also, particular thanks to all those who contributed food and to Martin Jelbart and David Smith who kept us safe with their traffic management expertise!

**Harvest Festival Celebrations Sunday 22<sup>nd</sup> September:-** Our Harvest Festival Service was attended by 33 people including three young people. It was conducted by Rev'd Garry Bennett who gave the talk. (He will be leading our Carol Service on 15<sup>th</sup> December.) We celebrated the idea of “The Circle of Life” The service involved song, poetry, prayer, a little dramatic interlude (in which the three young people starred alongside some more mature members of the congregation!), an excerpt from “The Lion King” and the Pete Seeger song, “Turn, Turn, Turn”. Harvest produce was presented and thanks was given. A big thank you is offered to all those who donated produce.

Our Harvest Lunch was re-located to the Village Hall from The Old Schoolhouse due to the weather forecast. 42 people enjoyed marvellous food. Thank you to all those who contributed. Light entertainment was provided by Rod Swift with a very clever and amusing moral tale and by Keith Prenton, as our experienced auctioneer. Keith was ably assisted by David Milanes as he conducted our charity auction of harvest produce. Our raffle was overseen by Gill Samways. A thank you goes to Gill and to those who donated the generous prizes. The lunch itself was co-ordinated by Maryan Milanese. Our heartfelt thanks goes to her and those who assisted her. Finally, thank you to all those who came to both events and celebrated and gave thanks for our community and our good fortune to have so much.

**Rev'd Jeff Waring:-** Jeff is retiring at the end of this year. His final service at which he will be officiating is the Benefice Service on Sunday 29<sup>th</sup> December at Iwerne Minster. His final service with us will be on the previous Sunday, 22<sup>nd</sup> December at 9.30 a.m.

**Jean Petersen:-** It was very sad to hear of the passing of Jean. She was a highly valued and respected member of our church community. A regular member of our congregation, she was greatly missed when she left the village. She contributed much to our fellowship. Her dry sense of humour was often accompanied by a twinkle in her eye.

**Your Parochial Church Council (P.C.C.)** The P.C.C. needs more members. Current membership stands at nine, The vicar and any other associate priests are automatically members. In our case that is Rev. David John and Rev. Jeff Waring. The Churchwardens are also automatically members. Other members are elected by members of the Church Electoral Roll. As we have forty three people on our Church Electoral Roll we should have six further members elected by them. Currently we have five. More can be co-opted on. If you would like to be on the Church Electoral Roll please contact Yvonne Pinder (01747 811253) and if you are interested in becoming a P.C.C. member, do make contact.

**Milk Bottle Tops:-** We are continuing to collect these for the Dorset and Somerset Air Ambulance. The collection basket is in the church porch. Thank you. Only milk bottle tops please

### Key Future Events

Sunday 13<sup>th</sup> October 9.30 a.m. - Breakfast Church

Sunday 3<sup>rd</sup> November 5 pm – An informal “Let’s Celebrate” service on the theme of “Light”

Sunday 10<sup>th</sup> November 10.15 a.m. - Remembrance Sunday service

Sunday 8<sup>th</sup> December 9.30 a.m. - Breakfast Church

Friday 13<sup>th</sup> December and Monday 16<sup>th</sup> December – Gift Wrapping in the church

Sunday 15<sup>th</sup> December 5 p.m. - Carol Service

Wednesday 18<sup>th</sup> December – Carol singing around the village.

Wednesday 25<sup>th</sup> December 9.30 a.m. - Christmas Day Holy Communion service

Saturday 18<sup>th</sup> January 2 p.m. - Annual Jumble Sale

Saturday 25<sup>th</sup> January - Burns Night Celebrations

Tuesday 24<sup>th</sup> March - Annual Parochial Church Meeting – Reports and Elections

**Help** with organising any of the above events would be most welcome. You don’t have to be a member of the P.C.C. We are particularly looking for someone to assist with the co-ordination of the Annual Jumble Sale.

## Your Parish Needs YOU!

### As Always

Thanks are offered to all those villagers who support the life and activities of our church.

**Ian Pinder Churchwarden**

Key local price indicators				
Description	Price	Amount/timing	Source	Date
Heating Oil	£251.48	500 litres (incl. VAT)	The Heating Oil Company	30 Sep 2019
Electricity	£752.86	5000 Kwh p.a.	Comparison Website: Annual Contract	30 Sep 2019
Broadband, unlimited + calls	£22.50	Per month	Comparison Website: Annual Contract	30 Sep 2019
Broadband, Fibre, unlimited, + calls	£28.99	Per month	Comparison Website: Annual Contract	30 Sep 2019
Savings Rates, easy access	1.45% variable	Per annum	Comparison Website	30 Sep 2019
Savings Rates, notice account	1.85% variable	Per annum	Comparison Website	30 Sep 2019
Diesel	132.9p	Per litre	Comparison Website	30 Sep 2019
Petrol	123.9p	Per litre	Comparison Website	30 Sep 2019

Editor: Keith Prenton